

- CDC recommends everyone stay up to date with COVID-19 vaccines
- People who are moderately or severely immunocompromised may have additional recommendations for COVID-19 vaccines
- COVID-19 vaccines, including boosters, are effective at protecting people from getting seriously ill, being hospitalized, and dying
- Staying up-to-date on your COVID-19 vaccinations is the best protection

If you live or visit in a Long-term Care (LTC) setting, you can help protect yourself and the people around you by staying up to date with a your COVID-19 vaccines, including boosters as soon as possible.

COVID-19 vaccines are safe and effective—especially against becoming seriously ill, being hospitalized and dying—and very important for older adults.

- Older adults and people with certain health conditions are more likely to get very sick from COVID-19
- COVID-19 vaccines can help keep you from getting seriously ill if you do get COVID-19

Residents and their families can ask a LTC provider about the current COVID-19 vaccination rate among their staff and residents

If your loved one is not able to ask questions or otherwise communicate with the LTC staff, here's what to know:

- Consent for a COVID-19 vaccine is given by LTC residents (or people appointed to make medical decisions on their behalf)
- Residents who receive a COVID-19 vaccine also receive a fact sheet before vaccination. The fact sheet explains the risks and benefits of COVID-19 vaccination

COVID-19 vaccines are free of charge to all people living in the U.S., regardless of their immigration or health insurance status.





Take these steps to get a COVID-19 vaccine for you or your family member:

Talk with the LTC staff about getting vaccinated on site

If you have additional questions about how to get a COVID-19 vaccine, talk with your healthcare provider

To find additional COVID-19 vaccine locations near you: Search vaccines.gov, text your ZIP code to 438829, or call 1-800-232-0233

COVID-19 FACTS

- COVID-19 vaccines teach our immune systems how to recognize and fight the virus that causes COVID-19. Sometimes this process can cause symptoms, such as fever. These symptoms are normal and are signs that the body is building protection against the virus that causes COVID-19.
- COVID-19 vaccines do NOT contain ingredients like preservatives, tissues (like aborted fetal cells), antibiotics, food proteins, medicines, latex, or metals.
- Getting a COVID-19 vaccination is also a safer way to build protection than getting sick with COVID-19. COVID-19 vaccination helps protect you by creating an antibody response without you having to experience sickness. Getting vaccinated yourself may also protect people around you, particularly people at increased risk for severe illness from COVID-19.
- Getting sick with COVID-19 can cause severe illness or death, and we can't reliably predict who will have mild or severe illness. If you get sick, you can spread COVID-19 to others. You can also continue to have long-term health issues after COVID-19 infection.