

9/18/23

## Protect Yourself and Your Loved Ones From COVID-19

- Wash your hands thoroughly with soap and water for at least 20 seconds or use Alcohol Based Hand Sanitizer that contains at least 60% alcohol.
- Avoid close contact with people who are sick, and stay at home if you are sick.
- Avoid touching your eyes, nose, and mouth.

## **Visitor Guidance**

- Nursing homes are now following the testing and masking guidance set forth by the hospital transmission rates. You can learn more at https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html
- Hand sanitizer should be used before and after the visit and as needed.
- If you or your loved one are experiencing COVID-19 symptoms, it's best to delay your visit until the symptoms have resolved for a minimum of 10 days.

If any visitor fails to adhere to the protocol, he/she/they will be prohibited from visiting.