

Welcome to the subacute rehabilitation program at Brookhaven Health Care Facility.

Inside this folder you will find a number of facility amenities detailed for your convenience.

If there is anything else that you desire during the course of your stay, please do not hesitate to ask.

If you have any praises or concerns, please feel free to contact our facility Administrator or Director of Nursing.

Enjoy your stay.



## **FACILITY EXTENSIONS**

To reach a staff member listed below, please dial the extension number.

POSITION	<b>EXTENSION</b>
Administrator	344
Activities Director	315
Administrative Assistant	343
Admission Coordinator	347
Assistant Director of Nursing	302
Beauty/Barber Shop	325
Business Office	308 309
Dietitian	381
Director of Nursing	304
Environmental Services Director & Housekeeping/Laundry Manager	324
Food Service Director	317
PT/OT Director	328
Social Services Director	435



**Internet Access** 

# Brookhaven is pleased to offer WiFi to our patients and residents

username: bhguest password: bhguest



## **Beauty/Barber Shop Hours**

To schedule an appointment with our licensed stylist, please call 631-447-8800 ext. 325 or simply dial 325 from your room

Hours of Operation: Wednesday 10am-6pm

## Services:

	+
Shampoo and Blow Dry	\$15.00
Shampoo and Set*	\$20.00
Haircut for Women	\$16.50
Haircut/Blow Dry for Women	\$20.00
Haircut and Set for Women	\$35.00
Haircut for Men	\$15.00
Hair Color	\$35.00
Hair Color with Blow Dry	\$40.00
Hair Color with Set*	\$55.00
Hair Color with Cut/Blow Dry	\$55.00
Hair Color with Cut and Set*	\$70.00
Permanent (Cut included)	\$62.50
Permanent and Blow Dry	\$55.00
Permanent and Set*	\$70.00
Neck and / or Facial Hair Trim	\$5.00
Deep Conditioner	\$10.00
Temporary Color Rinse	\$5.00

\*Set is by curling iron OR rollers under the dryer

No gratuities please. All payments should be made through the Business Office.



# Attn: Patients & Families Out-On-Pass Information

You may go out on a therapeutic pass while at the rehab facility. These passes are approved by the facility physician.

Per rehab guidelines, they can be no longer than four (4) hours per day and cannot conflict with the times that you're scheduled to receive therapy. Family members will need to be cleared by PT/OT to safely assist with your transfer and ambulation while you're out on pass.

Be advised, per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.

If you have questions, please feel free to check with your nursing staff/Social Worker.



## **Television Channels**

WCBS New York (CBS)	2
(ION)	3
WNBC New York (NBC)	4
WNYW New York (FOX)	5
WXTV Paterson (Univision)	6
WABC New York (ABC)	7
HSN	8
Myg New York (MNT-WWOR)	9
WLNY Riverhead (IND)	10
CW11 New York (CW-WPIX)	11
News 12 Long Island	12
WNET New York (PBS)	13
Cablevision Channel Guide	14
WNJU Linden (Telemundo)	16
WFTY Smithtown (TeleFutura)	17
Local Programming	18
ShopNBC	19
Public Access	20
WLIW Plainview (PBS)	21
Educational and Government	22
Access MSNBC	23
CNBC	24
CNN	25
FOX News Channel	25 26
Discovery Channel	27
Telecare	29
HGTV	30
Disney Channel	31
Cartoon Network	32
Nickelodeon	33
TV Land	34
ESPN2	35
ESPN	36
ТИТ	37

USA Network	38
TBS	39
FX	40
Spike TV	41
WE tv	42
АМС	43
Bravo	44
Lifetime	45
A&E	46
History	47
SyFy	48
ABC Family	49
Comedy Central	50
E	51
VH1	52
мти	53
ВЕТ	54
MTV2	55
Fuse	56
Animal Planet	57
Tru TV	58
Headline News	59
SportsNet New York	60
News 12 Traffic & Weather	61
The Weather Channel	62
Travel	63
Food Network	66
SoapNet	68
YES Network	70
MSG	71
MSG Plus	72
Galavision	73
OTB/RAI	74
L	



# **Room Extensions**

Unit A Room	Sub-Acute Extension
27D	397
27W	397
28D	399
28W	399
29D	401
29W	401
30D	403
30W	403
31D	405
31W	405
32D	407
32W	407
33D	409
33W	409
34D	411
34W	411
35D	413
35W	413
36D	415
36W	415
37D	417
37W	417
38D	419
38W	419
39P	377
40P	368
41P	369
42P	378
43D	380
43W	380
44D	364
44W	364
45P	370
46D	367
46W	367
47D	360
47W	360
48P	466
49D	362
49W	362
50D	373
50W	373

01D     469       01W     469       02P     402       03D     363       03W     363       04P     404       05D     398       05P     406       07D     422       07W     422       07W     422       07P     408       09P     379       10P     410       11P     374       12P     479       13D     425       14D     426       14W     426       15P     462       16D     461       17P     463       18D     424       19P     464       20D     471       20W     471       21P     465       23P     468       24D     470       24W     470       25P     475       26D     472	Unit B Room	Sub-Acute Extension
02P     402       03D     363       03W     363       04P     404       05D     398       05W     398       06P     406       07D     422       07W     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       18W     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       25P     475       26D     472	01D	469
03D     363       03W     363       04P     404       05D     398       05W     398       06P     406       07D     422       07W     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       24W     470       25P     475       26D     472	01W	469
o3W     363       04P     404       05D     398       05W     398       06P     406       07D     422       07W     422       07W     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       14D     426       14W     426       15P     462       16D     461       17P     463       18D     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       24W     470       25P     475       26D     472	02P	402
04P     404       05D     398       05W     398       06P     406       07D     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       19P     464       20D     471       21P     467       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	03D	363
05D     398       05W     398       06P     406       07D     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       24W     470       25P     475       26D     472	03W	363
o5W     398       06P     406       07D     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       15P     462       16D     461       16W     461       17P     463       18D     424       19P     464       20D     471       20W     471       21P     465       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	04P	404
06P     406       07D     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       14W     426       14W     426       15P     462       16D     461       17P     463       18D     424       19P     464       20D     471       20W     471       21P     465       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	05D	398
07D     422       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       19P     464       20D     471       21P     467       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	05W	398
N     N       07W     422       08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14W     426       15P     462       16D     461       17P     463       18D     424       18W     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       25P     475       26D     472	06P	406
08P     408       09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14W     426       15P     462       16D     461       17P     463       18D     424       19P     464       20D     471       20W     471       21P     465       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	07D	422
09P     379       10P     410       11P     374       12P     479       13D     425       13W     426       14D     426       14W     426       15P     462       16D     461       17P     463       18D     424       19P     464       20D     471       20W     471       21P     465       22D     465       23P     468       24D     470       24W     470       25P     475       26D     472	07W	422
10P     410       11P     374       12P     479       13D     425       13W     425       14D     426       14W     426       15P     462       16D     461       16W     461       17P     463       18D     424       18W     424       19P     464       20D     471       21P     465       22W     465       23P     468       24D     470       25P     475       26D     472	08P	408
11P   374     12P   479     13D   425     13W   425     14D   426     14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     19P   464     20D   471     21P   465     22D   465     23P   468     24W   470     25P   475     26D   472	09P	379
12P   479     13D   425     13W   425     14D   426     14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     19P   464     20D   471     21P   465     22D   465     23P   468     24W   470     25P   475     26D   472	10P	410
13D   425     13W   425     14D   426     14W   426     14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     19P   464     20D   471     20W   471     21P   465     22D   465     23P   468     24D   470     25P   475     26D   472	11P	374
13W   425     14D   426     14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     21P   465     22W   465     23P   468     24D   470     25P   475     26D   472	12P	479
14D   426     14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     21P   465     22D   465     23P   468     24D   470     25P   475     26D   472	13D	425
14W   426     15P   462     16D   461     16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     20W   471     21P   465     22D   465     23P   468     24D   470     25P   475     26D   472	13W	425
15P   462     16D   461     16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     21P   465     22D   465     23P   468     24W   470     25P   475     26D   472	14D	426
16D   461     16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     20W   471     21P   465     22W   465     23P   468     24D   470     25P   475     26D   472	14W	426
16W   461     17P   463     18D   424     18W   424     19P   464     20D   471     20W   471     21P   465     22D   465     23P   468     24D   470     25P   475     26D   472	15P	462
17P   463     18D   424     18W   424     19P   464     20D   471     20W   471     21P   465     22D   465     23P   468     24D   470     25P   475     26D   472	16D	461
18D   424     18W   424     19P   464     20D   471     20W   471     21P   467     22D   465     23P   468     24D   470     24W   470     25P   475     26D   472	16W	461
18W 424   19P 464   20D 471   20W 471   21P 467   22D 465   22W 465   23P 468   24W 470   25P 475   26D 472	17P	463
19P 464   20D 471   20W 471   21P 467   22D 465   22W 465   23P 468   24D 470   25P 475   26D 472	18D	424
20D 471   20W 471   21P 467   22D 465   22W 465   23P 468   24D 470   25P 475   26D 472	18W	424
20W   471     21P   467     22D   465     22W   465     23P   468     24D   470     24W   470     25P   475     26D   472	19P	464
21P   467     22D   465     22W   465     23P   468     24D   470     24W   470     25P   475     26D   472	20D	471
22D 465   22W 465   23P 468   24D 470   24W 470   25P 475   26D 472	20W	471
22W 465   23P 468   24D 470   24W 470   25P 475   26D 472	21P	467
23P 468   24D 470   24W 470   25P 475   26D 472	22D	465
24D 470 24W 470 25P 475 26D 472	22W	465
24W 470 25P 475 26D 472	23P	468
25P 475 26D 472	24D	470
26D 472	24W	470
	25P	475
26W 472	26D	472
	26W	472
101R 359	101R	359
102R 359	102R	359

Unit C Room	Sub-Acute Extension
51D	481
51W	481
52P	489
53D	493
53W	493
54P	490
55D	492
55W	492
56P	482
57D	487
57W	487
58P	486
59P	483
60P	494
61P	485
62P	484
63D	488
63W	488
64D	491
64W	491
65P	476
66D	508
66W	508
67P	502
68D	507
68W	507
69P	504
70P	506
71D	509
71W	509
72P	510
73D	511
73W	511
74P	496
75D	503
75W	503
76D	505
76W	505

Unit C Cordless PhoneExt. 476Unit D Cordless PhoneExt. 500



**Religious Services** 

## Communion & Catholic Mass 2:00pm Every other Wednesday



## **Local Restaurants**

Seaqua Deli 631-569-5990

Donatina Pizza 631-730-7002

### Pepperoni Grill

631-207-4261

How May Chinese 631-289-0002

## Giovanni's Pizza

631-552-4444

Panera Bread 631-687-1866



## **Dining Services**

For your dining pleasure and convenience, all meals are served on your unit.

Breakfast	7:15 am - 8:30 am
Lunch	11:30 am - 1:00 pm
Dinner	4:30 pm - 6:00 pm

Nourishments/snacks are available at your request 24 hours a day and/or based on the Dietitian's recommendation and Physician order.

To place an order, please call extension 351 or 631-576-0030.

**Bon Appetite!** 



## **Bistro Menu for Residents**

#### We proudly offer an after -hours Bistro Menu from 8:00pm to 3:30am Monday - Friday

\* Bistro Beef Burger \*

8 oz. steak patty w/ cheddar cheese & a fried onion ring, served on a brioche bun w/lettuce & tomato

\* Fresh Fruit Platter \*

Cantaloupe, watermelon, honeydew, fresh orange slices & grapes

\* <u>4 Cheese Grilled Sandwich</u> \*

Cheddar, American & Swiss Cheese, between two layers of Parmesan on buttered country white bread

\* <u>Tossed Salad</u> \* (Small or Large)

Lettuce, shredded carrots, shredded red cabbage, grape tomatoes, cucumbers, black olives (Choice of dressings - Ranch - 1000 Island - Blue Cheese - Italian/Lite Italian)

\* <u>Caesar Salad</u> \* (Small or Large)

Romaine lettuce served w/a crouton, fresh shredded Parmesan cheese drizzled w/Caesar dressing

\* Chicken Caesar Wrap \*

Romaine lettuce, chicken strips, bite size croutons, Parmesan cheese & Caesar dressing tossed & rolled in a wrap

\* The "Bistro" Meatball Sub\*

Freshly made meatball served w/tomato sauce, sprinkled w/Parmesan cheese on a toasted torpedo roll.

\* Vegetarian Pannini \*

Fresh roasted vegetables served on a garlic butter grilled pannini



## DESSERTS

#### <u>Ice Cream Sundae</u>

Vanilla Ice Cream w/chocolate & whip cream drizzle topped w/ a cherry

#### The Bistro Chocolate Kiss

Layered Chocolate Cake w/whip cream, drizzled w/Chocolate Ganache.

Apple Caramel Crumb Cake

w/ whip cream

<u>Brownie ala Mode</u>

<u>New York Style Cheesecake</u>

w/ whip Cream & raspberry glaze

Items on this Menu cannot be Changed or Modified



# **Labeling Clothing**

Dear Resident and Family Member,

Brookhaven Health Care Facility has purchased a machine to attach labels to Resident's personal clothing in an effort to reduce or eliminate the misplacement of items.

All clothing provided to Residents or Patients should be left at the Front Desk with the individual's name clearly marked on the front of the package to assure that clothing is labeled before being placed in the room. During business hours, the Receptionist will give you a receipt for the clothing items left

You may also apply your own labels to clothing if you wish. If you do not wish for clothing to be labeled, please be advised that the facility is not responsible for any lost clothing.

We are pleased to offer this service free of charge and hope that the issue of misplaced or lost clothing will be minimized.

If you have any questions regarding the laundry system, please do not hesitate to contact our department at 631-447-8800 ext 324.

Enjoy your stay! Housekeeping/Laundry Department



## **Activities**

The Activities Department is open 7 days a week, including weekends, evenings and holidays.

We offer a variety of programs on and off the unit. Activities event calendars are posted throughout facility and in rooms.

Various independent projects are available in the Activities Room or lounge with items such as cards, magazines, word puzzles, table games, crafts, videos and more!



If you have any questions regarding information that does not appear in this folder, please contact the Unit Nurse.

- Newsday is available on a daily basis in the lobby
- The Activities Cart is available daily with magazines, books and puzzles.
- $\cdot$  The Dessert Cart is available on Tuesdays and Fridays at 2 pm
- Discharge time is 11 am
- A map of fire exits and extinguishers is posted on each unit for your safety
- Family and friends are welcome to visit based on the facility's visitation policy



## **State-Wide Quality Award**

Each year, the NY State Department of Health issues a Nursing Home Quality Initiative (NHQI) that evaluates nearly 600 nursing homes in the state based on quality performance.

Brookhaven Health Care Facility is among an elite list of facilities state-wide to have achieved the Top Quintile Status every year since the initiative began.

The McGuire Group is the only multi-facility provider in the state to have achieved this milestone at all of its facilities!



