

# **ABSOLUT CARE** OF GASPORT *living legends*



**Welcome to the subacute rehabilitation program at  
Absolut Care of Gasport.**

**Inside this folder you will find a number of facility  
amenities detailed for your convenience**

**If there is anything else that you desire  
during the course of your stay, please do not hesitate to ask.**

**If you have any praises or concerns, please feel free to contact  
our facility Administrator or Director of Nursing.**

**Enjoy your stay.**





**Welcome!**

**Your room number  
will be assigned  
upon admission.**

**Facility Phone Number**

**716-772-2631**

**Cell phones can be used in our  
facility, or call Verizon  
to set up regular phone service in  
your room:**

**1-800-837-4966**



# What To Expect During Your Stay

We offer complimentary cable television, individualized telephone and Wi-Fi (Password: Rca!Guest).

Our nursing department will review your medical information and coordinate your care along with our medical staff. We have RNs, LPNs and CNAs to address any of your care needs.

Our therapist will evaluate you and work with you to become as independent as possible to safely return to your prior living arrangement. You may receive physical, occupational and speech therapy daily to meet your goals.

Our chef will prepare your daily meals according to your dietary needs. You will have several options available to you. Depending on your time of arrival, you may be offered a snack or a meal.

Our activities department offers spiritual, educational and social activities that you may choose to participate in.

Representatives from our business office are available Monday through Friday from 8:30 am - 4:30 pm for billing or insurance questions or to set up a personal account.

Our social workers will coordinate your care by working with each department. They will ensure all of your needs are met during your stay along with your discharge plans.

Your clothes will be labeled by the laundry department. If by chance unlabeled clothing is laundered in our facility there is a lost and found located on the unit.

During normal business hours, your social worker is available to answer any of your questions or address concerns. To reach the nursing staff, you can dial ext. 129 from your bedside phone. During off-hours and on weekend, please contact our nursing supervisor by calling 716-772-2631

Enjoy your stay.



# Facility Extensions

<b><u>POSITION</u></b>	<b><u>EXTENSION</u></b>
Administrator	101
Business Office Manager	102
Medical Records	103
Reception	106
Dietitian	109
Housekeeping/Laundry	111
Director of Nursing	112
Asst. Director of Nursing	127
Social Service	113
PT	116
OT	116
Speech	116
Food Service Director	118
Maintenance	120
RCC Woodland Heights	121
RCC Heritage Heights	110
Activities Director	124
Beautician	125



# Internet Access

**Absolut Care of Gasport has a new  
complimentary Guest Wifi:**

**username: RCA Guest**

**password: Rca!Guest**



# Beauty/Barber Shop Hours

## Salon Services Menu

<b>Women's Shampoo &amp; Style</b>	<b>\$18.00</b>
<b>Women's Cut Only</b>	<b>\$16.00</b>
<b>Women's Shampoo, Cut &amp; Style</b>	<b>\$30.00</b>
<b>Women's Perm, Cut &amp; Style</b>	<b>\$50.00</b>
<b>Women's Color, Cut &amp; Style</b>	<b>\$50.00</b>
<b>Women's Comb-Out</b>	<b>\$8.00</b>
<b>Women's Up-do</b>	<b>\$25.00</b>
<b>Men's Clipper Cut/Flat-Top</b>	<b>\$13.00</b>
<b>Men's Color and Hair Cut</b>	<b>\$30.00</b>

**Please schedule appointments for the  
Beautician at the Reception Desk**



## **Attn: Patients & Families**

### **Out-On-Pass Information**

**You may go out on a therapeutic pass while at the rehab facility.**

**These passes are approved by the facility physician.**

**You must be back inside the facility before midnight.**

**Be advised, per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.**

**If you have questions, please feel free to check with your nursing staff.**



# Television Channels

Channel Name	Channel #
****	1
Guide	2
CBS - WIVB	3
NBC - WGRZ	4
CW - WNLO	5
ABC - WKBW	6
FOX - WUTV	7
PBS - WNED	8
TCT - WNYO	9
ION - WPXJ	10
MeTV - WBBZ	11
Weather Channel	12
WGN America	13
ESPN	14
ESPN2	15
Spectrum News Buffalo	16
SNY	17
Foxsports 1	18
NBC Sports	19
MSG	20
MSG Plus	21
Fox News Channel	22
CNN	23
HLN	24
CNBC	25
MSNBC	26
TNT	27
TBS	28
FX	29
USA	30
A&E	31

Channel Name	Channel #
AMC	32
Bravo	33
Oxygen	34
TLC	35
Paramount	36
SYFY	37
Food Network	38
History	39
Lifetime	40
Hallmark Channel	41
HGTV	42
Investigation Discovery	43
Turner Classic Movies	44
TV Land	45
Freedom	46
UNI (Spanish)	47
truTV	48
Comedy Central	49
E!	50
Disney	51
Nickelodeon	52
Cartoon Network	53
Animal Planet	54
Discovery	55
National Geographic	56
MTV	57
VH1	58
CMT	59
BET	60
EWTN	61
VICT	62

Channels are subject to change





**Dear Family of Absolut Care Residents,**

**Each and every resident is provided a copy of their rights when entering the facility. We post these rights throughout the building and provide annual education regarding them to staff as well as residents through resident Council.**

**One of the resident rights is having an Ombudsman assigned to the facility that will present grievances on your behalf and/or on the behalf of other residents to the administration or facility staff, the Department of Health, or the Ombudsman program without fear of reprisal.**

**Our facility Ombudsman is a dedicated and certified volunteer whose primary concern is to improve the quality of life for Absolut Care residents by acting as an advocate. As the mediator, he/she will bring together all parties and assist in developing a compromise or agreement. The Ombudsman works with you and is involved in a wide range of issues concerning resident care, quality of life, lost property, physical environment and social issues. Residents are encouraged to express their concerns to the Ombudsman.**

**The Ombudsman is someone who is concerned about you and is here to assist you. You can reach him/her by calling 716-817-5624**

**Sincerely,**

**Social Work Department**



# Your Rights

## The Right to be Fully Informed of

- Available services and the charges for each service
- Facility rules and regulations, including a written copy of resident rights
- Address and telephone number of the State Ombudsman and state survey agency
- State survey reports and the nursing home's plan of correction
- Advance plans of a change in rooms or roommates
- Assistance if a sensory impairment exists
- Residents have a right to receive information in a language they understand (Spanish, Braille, etc.)

## Right to Complain

- Present grievances to staff or any other person, without fear of reprisal and with prompt efforts by the facility to resolve those grievances
- To complain to the Ombudsman program
- To file a complaint with the state survey and certification agency

## Right to Participate in One's Own Care

- Receive adequate and appropriate care
- Be informed of all changes in medical condition
- Participate in their own assessment, care-planning, treatment and discharge
- Refuse medication and treatment
- Refuse chemical and physical restraints
- Review one's own medical record
- Be free from charge for services covered by Medicaid or Medicare

## Right to Privacy and Confidentiality

- Private and unrestricted communication with any person of their choice
- During treatment and care of one's personal needs
- Regarding medical, personal or financial affairs



## Rights During Transfers and Discharges

- Remain in the nursing facility unless a transfer or discharge
  - (a) is necessary to meet the resident's welfare;
  - (b) is appropriate because the resident's health has improved and s/he no longer requires nursing home care;
  - (c) is needed to protect the health and safety of other residents or staff;
  - (d) is required because the resident has failed, after reasonable notice, to pay the facility charge for an item or service provided at the resident's request
- Receive thirty-day notice of transfer or discharge which includes the reason, effective date, location to which the resident is transferred or discharged, the right to appeal, and the name, address, and telephone number of the state long-term care ombudsman
- Safe transfer or discharge through sufficient preparation by the nursing home

## Right to Dignity, Respect & Freedom

- To be treated with consideration, respect, and dignity
- To be free from mental and physical abuse, corporal punishment, involuntary seclusion, and physical and chemical restraints
- To self-determination
- Security of possessions

## Right to Visits

- By a resident's personal physician and representatives from the state survey agency and Ombudsman programs
- By relatives, friends, and others of the resident's choosing
- By organizations or individuals providing health, social, legal, or other services
- Residents have the right to refuse visitors

## Right to Make Independent Choices

- Make personal decisions, such as what to wear and how to spend free time
- Reasonable accommodation of one's needs and preferences
- Choose a physician
- Participate in community activities, both inside and outside the nursing home
- Organize and participate in a Resident Council



# Dining Services

For your dining pleasure and convenience, all meals are served in the Dining Area on your unit.

## Meals on Unit

<b>Breakfast</b>	<b>8:10 AM</b>
<b>Lunch</b>	<b>12:10 AM</b>
<b>Dinner</b>	<b>6:10 PM</b>

## Dining Room

<b>Breakfast</b>	<b>8:15 AM</b>
<b>Lunch</b>	<b>12:15 AM</b>
<b>Dinner</b>	<b>6:15 PM</b>

Nourishments/snacks are available at your request  
\*Dining Room Service may vary based on Covid-19 Rules,  
and the Dietitian's recommendation and Physician's order.

***Bon Appetite!***



# Local Restaurants

**Chops Pizzeria**  
**(716) 772-7710**

**Ports Pizza**  
**(716) 772-2210**



# Religious Services

**Religious offerings will be announced,  
or you may call the Activities Dept. to  
inquire at Extension 124**



# Laundry Services

**Basic Linens for your bed are provided by the facility.**

**We launder our linens and your personal laundry  
at your request.**

**Please inform us if your family is going to do  
your personal laundry.**

**For questions contact our  
Director of Housekeeping and Laundry**

## Personal Clothing

**We recommend that you have 3 to 4 days worth of clothing  
with you here at the facility. This includes a jacket, under garments,  
1 to 2 pairs of well-fitting shoes/athletic shoes, and  
comfortable sleepwear.**



# Activity Programming

**The Activities Department is open 7 days a week, including weekends, evenings and holidays. We also offer a variety of programs on and off the units.**

**Our team conducts group and individual activity programs that you're invited to take part in. This is a great way to meet other residents and join in the fun and festivities.**

**Various independent projects are available in the Activities Room or lounge with items such as cards, magazines, word puzzles, table games, crafts, videos and more!**

**Activities event calendars are posted throughout facility and in rooms.**

**Enjoy!**





## **Gasport is 5-Star Rated!**



**Absolut Care of Gasport  
is proud to have recieved  
5 stars out of 5 from the Federal  
Government, which rates every  
nursing home in the country.**

**Visit  
[www.medicare.gov](http://www.medicare.gov) to  
see how we compare  
to facilities locally and nation-wide.**

