

TACONIC
REHABILITATION &
NURSING AT ULSTER
living legends



**Welcome to the subacute rehabilitation program at
Taconic Rehabilitation and Nursing at Ulster.**

**Inside this folder you will find a number of facility
amenities detailed for your convenience.**

**If there is anything else that you desire
during the course of your stay, please do not hesitate to ask.**

**If you have any praises or concerns, please feel free to
contact our facility Administrator or Director of Nursing.**

Enjoy your stay.



FACILITY EXTENSIONS

To reach a staff member listed below, please dial the extension number

<u>POSITION</u>	<u>EXTENSION</u>
Administrator	1600
Activities Director	1609
Admission Coordinator	1612
Beauty/Barber Shop	1720
Business Office	1604
Dietician	1620
Director of Nursing	1601
Housekeeping/Laundry	1622
Maintenance Manager	1616
Food Service Director	1610
Kitchen Supervisor	1638
Rehabilitation Director	1612
Social Services Director (Subacute Discharge Planner)	1603
Social Work (Long-Term)	1624



Internet Access

**Taconic at Ulster is pleased to offer WiFi
to our patients and residents**

**Network: Taconic-Guest
Password: taconicpub**



Television Channels

2	COMMUNITY CHANNEL	31	FOOD NETWORK
3	CBS - WCBS	32	TRAVEL
4	NBC - WNBC	33	HGTV
5	FOX - WNYW	34	BRAVO
6	PBS - WNET	35	E!
7	ABC - WABC	36	LIFETIME
8	TMO - WNJU	37	LIFETIME MOVIES
9	WEATHER	38	WE
10	CNN	39	GSN
11	FOX NEWS	40	ANIMAL PLANET
12	MSNBC	41	FREEFORM
13	CNBC	42	TV LAND
14	TBS	43	NICKELODEON
15	TNT	44	DISNEY
16	USA	45	CMT
17	FX	46	VH1
18	COMEDY CENTRAL	47	MTV
19	PARAMOUNT	48	MTV2
20	SYFY	49	ESPN
21	A&E	50	ESPN 2
22	AMC	51	ESPNU
23	TCM	52	FS1
24	HALLMARK	53	GOLF CHANNEL
25	TRUTV	54	MSG
26	FXX	55	YES
27	HISTORY	56	SPORTS NET NY
28	DISCOVERY	57	EWTN
29	NAT GEO	59	HOUSE CHANNEL
30	TLC		



Attn: Patients & Families

Out-On-Pass Information

You may go out on a therapeutic pass while at the rehab facility. These passes are approved by the facility physician.

Per rehab guidelines, family members must check in with a Social Worker to make arrangements to take you out. In addition, they will need to be cleared by PT/OT to safely assist with your transfer and ambulation while you're out on pass.

Be advised, per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.

If you have questions, please feel free to check with your nursing staff/Social Worker.



Labeling Clothing

Dear Resident and Family Members,

Taconic at Ulster has purchased a machine to attach labels to Resident's personal clothing in an effort to reduce or eliminate the misplacement of items.

All clothing provided to Residents or Patients should be left at the Front Desk with the individual's name clearly marked on the front of the package to assure that clothing is labeled before being placed in the room. During business hours, the receptionist will record all incoming clothing items in our clothing log.

You may also apply your own labels to clothing if you wish. If you do not wish for clothing to be labeled, please be advised that the facility is not responsible for any lost clothing.

We are pleased to offer this service free of charge and hope that the issue of misplaced or lost clothing will be minimized.

If you have any questions regarding the laundry system, please do not hesitate to contact us at ext 1622

Enjoy your stay!

-Housekeeping/Laundry Department



Dining Services

For your dining pleasure and convenience,
all meals are served on your unit.

Breakfast	7:00 am - 8:00 am
Lunch	11:30 am - 1:00 pm
Dinner	5:00 pm - 6:30pm

Nourishments/snacks are available at your request
24 hours a day and/or based on the Dietitian's
recommendation and Physician's order.

To discuss the menu, your meal
preferences, and likes/dislikes with a
Dietetic professional, please call
extension 1610

Bon Appetite!



Beautician Services

Shampoo Set & Style	\$22.00
Shampoo Only	\$10.00
Shampoo Cut Set	\$35.00
Shampoo & Blow Dry	\$22.00
Bang Trim	\$10.00
Woman's Haircut	\$19.00
Woman's Haircut w/ Wash	\$24.00
Permanent	\$45.00
Permanent Cut & Set	\$46.00
Condition	\$9.00
Hair Color	\$35.00
Rinse	\$9.00
Highlight w/ Cap	\$60.00
Men's Haircut	\$17.00
Men's Haircut w/ Wash	\$22.00
Men's Beard Trim	\$13.00



Religious Services

Mass

Mondays at 10:30AM

Rosary at 11:00AM

Bible Study

Wednesdays at 10:30AM

(1st and 3rd Wednesday of the month)

**Additional offerings will be announced,
or you may call the Activities Dept to
inquire at extension #1609**

Catholic Mass to be announced



Activities

The Activities Department is open 7 days a week, including weekends, evenings and holidays.

We offer a variety of programs on and off the unit. Activities event calendars are posted throughout the facility and in rooms.

Various independent projects are available in the Activities Room or lounge with items such as cards, magazines, word puzzles, table games, crafts, videos and more!



Local Restaurants

Bagels & Bites

845-834-3555

Brennieo Pizzeria

845-691-7213

Gateway Diner

845-691-6326

On A Roll Deli

845-691-8235

Pizza Mia

845-691-4545

Pomodoro

845-834-3838

Sal's Place

845-691-2811



If you have any questions regarding information that does not appear in this folder, please contact the Unit Nurse.

- The Activities Cart is available daily with magazines, books and puzzles.
- Discharge time is 11 am unless you've made other arrangements with Social Work/Nursing
- A map of fire exits and extinguishers is posted on each unit for your safety
- Family and friends are welcome to visit based on the facility's visitation policy

