

SUSQUEHANNA

NURSING &
REHABILITATION
living legends



**Welcome to the subacute rehabilitation program at
Susquehanna Nursing and Rehabilitation.**

**Inside this folder you will find a number of facility
amenities detailed for your convenience.**

**If there is anything else that you desire
during the course of your stay, please do not hesitate to ask.**

**If you have any praises or concerns, please feel free to
contact our facility Administrator or Director of Nursing.**

Enjoy your stay.



FACILITY EXTENSIONS

To reach a staff member listed below, please dial the extension number

| <u>POSITION</u> | <u>EXTENSION</u> |
|---------------------------------|------------------|
| Administrator | 129 |
| Activities Director | 116 |
| Administrative Assistant | 129 |
| Admission Coordinator | 115 |
| Assistant Director of Nursing | 117 |
| Beauty/Barber Shop | 132 |
| Business Office | 104 |
| Dietitian | 127 |
| Director of Nursing | 133 |
| Environmental Services Director | 106 |
| Housekeeping/Laundry Manager | 131 |
| Food Service Director | 128 |
| PT-OT Director | 120 |
| Social Services Director | 402 |



Internet Access

**Susquehanna Nursing & Rehab
is pleased to offer WiFi
to our patients and residents**

**Network: Guest
Password: snrcunwired**



Beauty/Barber Shop Hours

To schedule an appointment with our licensed stylist, please call 607-729-9206 ext. 132 or simply dial 132 from your room

Services

| | |
|--------------------------|---------|
| Set | \$14.00 |
| Shampoo and Set* | \$17.00 |
| Shampoo/Dry | \$7.00 |
| Shampoo/Cut | \$19.00 |
| Haircut | \$16.00 |
| Hair Color | \$36.00 |
| Hair Color with Blow Dry | \$40.00 |
| Shampoo/Cut with Set | \$23.00 |
| Permanent Wave | \$50.00 |
| Color | \$36.00 |
| Men's Cut | \$15.00 |
| Men's Shampoo/Cut | \$18.00 |
| Beard Trim | \$3.00 |

All payments should be made through the Business Office



Attn: Patients & Families

Out-On-Pass Information

You may go out on a therapeutic pass while at the rehab facility. These passes are approved by the facility physician.

Per rehab guidelines, they can be no longer than four (4) hours per day and cannot conflict with the times that you're scheduled to receive therapy. Family members will need to be cleared by PT/OT to safely assist with your transfer and ambulation while you're out on pass.

Be advised, per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.

If you have questions, please feel free to check with your nursing staff/Social Worker.



Television Channels

| | |
|----|---------|
| 2 | GUIDE |
| 3 | WBNG |
| 4 | WBGH |
| 5 | CW |
| 6 | WIVT |
| 7 | WICZ |
| 8 | WSKG |
| 9 | WBPN |
| 10 | WEATHER |
| 11 | FETV |
| 12 | ION |
| 13 | ESPN |
| 14 | ESPN2 |
| 15 | MSG |
| 16 | BTN |
| 17 | SNY |
| 18 | YES |
| 19 | FS1 |
| 21 | NBCS |
| 22 | FBN |
| 23 | FNC |
| 24 | CNN |
| 25 | HLN |

| | |
|----|---------|
| 26 | CNBC |
| 27 | MSNBC |
| 28 | HISTORY |
| 29 | TNT |
| 30 | TBS |
| 31 | FX |
| 32 | USA |
| 33 | A&E |
| 34 | AMC |
| 35 | BRAVO |
| 36 | WE |
| 37 | TLC |
| 38 | PAR |
| 39 | SYFY |
| 40 | FOOD |
| 41 | LMH |
| 42 | LIFE |
| 43 | HALL |
| 44 | HGTV |
| 45 | TCM |
| 46 | TVLD |
| 47 | FRFM |
| 48 | TRAVEL |

| | |
|----|--------|
| 49 | TRUTV |
| 50 | COMEDY |
| 51 | E! |
| 52 | DISNEY |
| 53 | NIK |
| 54 | CNE |
| 55 | ANMPL |
| 56 | DSC |
| 57 | EWTN |
| 58 | VH1 |
| 59 | CMT |
| 60 | GSN |
| 61 | INSP |
| 62 | NGC |
| 65 | SNRC 1 |
| 66 | SNRC 2 |
| 67 | SNRC 3 |



Religious Services

Communion & Catholic Mass

2:00PM Every Thursday

Non-Denominational Service

2:00PM Every Sunday



Local Restaurants

Nirchis

(607) 729-5131

Wegmans

(607) 729-7782

Papa John's

(607) 777-9997

Panera Bread

(607) 797-2163



Dining Services

For your dining pleasure and convenience,
all meals are served on your unit.

Breakfast **7:00AM to 8:15AM**

Lunch **11:45AM to 1:00PM**

Dinner **4:45PM to 6:00PM**

Nourishments/snacks are available at your request
24 hours a day and/or based on the Dietitian's
recommendation and Physician's order.

To place an order, please call extension 126

Bon Appetite!



Dining Services

If you do not like the items on the regular menu,
here are other items available daily
that you may pick from:

Chef Salad

Baked Chicken Leg

Hamburger/Cheeseburger

Mashed Potatoes

Grilled Cheese

Egg Salad Sandwich

Chicken Noodle Soup

**Cottage Cheese
and Fruit Plate**

Baked Fish

**Pasta with
Marinara Sauce**

PB&J Sandwich

Macaroni & Cheese

Deli Meat Sandwich

Tomato Soup



Labeling Clothing

Dear Resident and Family Member,

Susquehanna Nursing & Rehabilitation Center has purchased a machine to attach labels to Resident s personal clothing in an effort to reduce or eliminate the misplacement of items.

A carbon copy form will be provided to Resident/family that should be filled out upon admission and left at the Front Desk with the individual's clothing. One copy will remain with the resident/family and another with the Nursing home. Make sure all items are listed and the name is clearly marked. This will ensure that clothing is labeled before being placed in the room. Any additional items that are brought in after admission should be given to the receptionist, and you will receive another form.

You may also apply your own labels to clothing if you wish. If you do not wish for clothing to be labeled, please be advised that the facility is not responsible for any lost clothing.

We are pleased to offer this service free of charge and hope that the issue of misplaced or lost clothing will be minimized.

If you have any questions regarding the laundry system, please do not hesitate to contact our department at 607-729-9206 ext 132.

Enjoy your stay!
Housekeeping/Laundry Department



Activities

**The Activities Department is open 7 days a week,
including weekends, evenings and holidays**

**We offer a variety of programs on and off the unit.
Activities event calendars are posted throughout
the facility and in rooms**

**Various independent projects are available in the Activities Room
or lounge with items such as cards, magazines, word
puzzles, table games, crafts, videos and more!**



If you have any questions regarding information that does not appear in this folder, please contact the Unit Nurse.

- The Press and Sun Bulletin is available on a daily basis on all Units
- The Activities Cart is available daily with magazines, books and puzzles
- The Ice Cream Cart is available weekly – coffee cart every weekend
- Discharge time is 11 am
- A map of fire exits and extinguishers is posted on each unit for your safety
- Family and friends are welcome to visit based on the facility's visitation policy

