

ABSOLUT CARE OF ALLEGANY *living legends*



Welcome to the subacute rehabilitation program at
Absolut Care of Allegany.

Inside this binder you will find a number of facility amenities
detailed for your convenience

If there is anything else that you desire
during the course of your stay, please do not hesitate to ask.

If you have any praises or concerns, please feel free to
contact our facility Administrator or Director of Nursing.

Enjoy your stay.



Welcome!

Your room number
will be assigned upon
admission.

Facility Phone Number

716-373-2238

Cell phones can be used in our facility,
or call Spectrum Services to set up
Regular phone service in your room:

888-406-7063

Internet Access

Allegany is pleased to offer WiFi
to our patients and residents

username: RCAGuest

password: Rca!Guest



Department Managers

Administrator: Rosalie Noyes

Director of Nursing: Buffy Baldwin

Resident Care Coordinator: Marilyn Clayson

Social Worker: Jessica Kramer

Human Resources: Jim Marra

Director of Rehab: Mary Przybyla

Dietary Director: Johnna Mye

Maintenance Director: John Mye

Activities Director: Amy Button



Beauty/Barber Shop Hours

To schedule an appointment with our licensed
stylist, please call

Hours of Operation

Monday 9:00AM - 2:00PM

Thursday 9:00AM - 2:00PM

Services

| | |
|-------------------------|---------|
| Shampoo | \$8.00 |
| Shampoo/Set | \$16.00 |
| Set Only | \$13.00 |
| Haircut (Men and Women) | \$15.00 |
| Wash/Blow Dry/Cut | \$25.00 |
| Wash/Blow Dry/Curl | \$20.00 |
| Wash/Blow Dry | \$13.00 |
| Perms | \$50.00 |
| Hair Color | \$40.00 |

No gratuities please.

All payments should be made through the Business Office.



Attn: Patients & Families

Out-On-Pass Information

You may go out on a therapeutic pass while at the rehab facility.

These passes are approved by the facility physician.

Per rehab guidelines, they can be no longer than four (4) hours per day.

Be advised.

Per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.

If you have questions, please feel free to check with your nursing staff.



Television Channels

| Channel Name | Channel # |
|---------------------|-----------|
| Spectrum News | 1 |
| WGRZ- NBC | 2 |
| WNED- PBS | 3 |
| WIVB- CBS | 4 |
| WUTV- Fox | 6 |
| WKBW- ABC | 7 |
| CFTO-GTV | 15 |
| The Weather Channel | 21 |
| ESPN | 23 |
| ESPN2 | 24 |
| SportsNet New York | 25 |
| MSG | 26 |
| CNN | 27 |
| HLN | 28 |
| msnbc | 29 |
| CNBC | 30 |
| FOX News Channel | 31 |
| Hallmark Channel | 32 |
| Food Network | 33 |
| HGTV | 34 |
| EWTN | 35 |
| MTV | 36 |
| VH1 | 37 |
| TBS | 38 |
| BET | 39 |
| Paramount Network | 40 |
| TNT | 41 |
| Cartoon Network | 42 |
| Nickelodeon | 43 |
| Disney Channel | 44 |
| AMC | 45 |
| FX | 47 |

| Channel Name | Channel # |
|----------------------|-----------|
| USA Network | 48 |
| CMT | 49 |
| Bravo | 50 |
| A&E | 51 |
| Freeform | 52 |
| Discovery Channel | 53 |
| HISTORY | 54 |
| Animal Planet | 55 |
| NBC Sports Network | 57 |
| TLC | 58 |
| Lifetime | 59 |
| SYFY | 60 |
| TV Land | 61 |
| Comedy Central | 62 |
| E! | 63 |
| YES Network | 64 |
| Travel TV | 65 |
| Oxygen | 66 |
| TBN | 67 |
| National Geographic | 68 |
| MEG Plus | 70 |
| Galavision | 71 |
| WE TV | 72 |
| truTV | 74 |
| WGN America | 76 |
| BBC America | 78 |
| Bloomberg Television | 79 |
| FOX Business Network | 80 |
| Daystar | 81 |
| FOX Sports 1 | 82 |

| Channel Name | Channel # |
|-------------------------|-----------|
| FX Movie Channel | 84 |
| Hallmark Mov .& Myst. | 85 |
| INSP | 86 |
| Investigation Discovery | 87 |
| SEC Network | 88 |
| SonLife | 89 |
| MotorTrend HD | 90 |
| Hillsong Channel | 91 |
| FXX | 95 |
| Pop | 99 |
| USA Network | 101 |



Religious Services

Christian Services

Scheduled through Diocese

Rosary & Communion

Scheduled per Catholic Diocese
(In-Room Communion Available)

Catholic Mass

Scheduled through Diocese

Communion Pass

Scheduled through Diocese



Local Restaurants

Please see nursing regarding diet restrictions prior to ordering.

Mangia

716-373-2754

Domino's Pizza

716-373-4210

Applebee's

716-372-2828

New Lake View (Chinese)

716-373-0100

Friendly's

716-372-2227

Tasta Pizza

716-373-2393

Subway

716-372-1415



Absolut Care of Allegany Meal Times

Breakfast

South Dining Room- 8:00 a.m.

North Dining Room- 8:15 a.m.

Lunch

South Dining Room- 12:00 Noon

North Dining Room 12:15 p.m

Dinner

South Dining Room- 6:00 p.m.

North Dining Room- 6:15 p.m.

Nourishments/snacks are available at your request
24 hours a day and/or based on the Dietitian's
recommendation and Physician's order.

Bon Appetite!



Labeling Clothing

Dear Resident and Family Member,

Absolut Care of Allegany makes every effort to avoid the misplacement of personal items.

All clothing provided to Residents or Patients should be left at the Front Desk with the individual's name clearly marked on the front of the package to assure that clothing is labeled before being placed in the room. During business hours, the Receptionist will give you a receipt for the clothing items left.

You may also apply your own labels to clothing if you wish. If you do not wish for clothing to be labeled, please be advised that the facility is not responsible for any lost clothing.

We are pleased to offer this service free of charge and hope that the issue of misplaced or lost clothing will be minimized.

If you have any questions regarding the laundry system, please do not hesitate to contact our department.

Enjoy your stay!

Housekeeping/Laundry Department



Activities

The Activities Department is open 7 days a week, including weekends, evenings and holidays.

We offer a variety of programs on and off the unit. Activities event calendars are posted throughout facility and in rooms.

Various independent projects are available in the Activities Room or lounge with items such as cards, magazines, word puzzles, table games, crafts, videos and more!

If you have any questions regarding information that does not appear in this folder, please contact the Unit Nurse.

- Soda machine is located in the staff break room.
- Discharge time is 11 am
- A map of fire exits and extinguishers is posted on each unit for your safety
- Family and friends are welcome to visit based on the facility's visitation policy

Thank you!



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Absolut Care of Allegany is proud to receive 5 stars out of 5 in Quality Measures from the Federal Government which rates every nursing home in the country.

Visit www.medicare.gov
to see how we compare
to facilities locally and nation-wide.



State-Wide Quality Award

Each year, the NY State Department of Health issues a Nursing Home Quality Initiative (NHQI) that evaluates nearly 600 nursing homes in the state based on quality performance.

Absolut Care of Allegany
is among an elite list of facilities state-wide
to have achieved the Top Quintile Status.

