

SUSQUEHANNA

NURSING &
REHABILITATION
living legends



**Welcome to the post-acute rehabilitation program at
Susquehanna Nursing & Rehabilitation Center.**

**Inside this folder, you will find a number of facility
amenities that are detailed for your convenience.**

**If there is anything else that you desire
during the course of your stay, please do not
hesitate to ask.**

**If you have any praises or concerns, please feel free
to contact our facility Administrator or Director of
Nursing.**

Enjoy your stay.



FACILITY EXTENSIONS

To reach a staff member listed below, please dial the extension number

<u>POSITION</u>	<u>EXTENSION</u>
Administrator	129
Activities Director	116
Administrative Assistant	129
Admission Coordinator	115
Assistant Director of Nursing	117
Beauty/Barber Shop	132
Business Office	104
Dietitian	127
Director of Nursing	133
Environmental Services Director	106
Housekeeping/Laundry Manager	131
Food Service Director	128
PT-OT Director	120
Social Services Director	402



Internet Access

**Susquehanna Nursing & Rehab
is pleased to offer WiFi
to our patients and residents**

**Network: Guest
Password: snrcunwired**



Beauty/Barber Shop Hours

To schedule an appointment with our licensed stylist, please call 607-729-9206 ext. 132 or simply dial 132 from your room

Services

Set	\$14.00
Shampoo and Set*	\$17.00
Shampoo/Dry	\$7.00
Shampoo/Cut	\$19.00
Haircut	\$16.00
Hair Color	\$36.00
Hair Color with Blow Dry	\$40.00
Shampoo/Cut with Set	\$23.00
Permanent Wave	\$50.00
Color	\$36.00
Men's Cut	\$15.00
Men's Shampoo/Cut	\$18.00
Beard Trim	\$3.00

All payments should be made through the Business Office



Attn: Patients & Families

Out-On-Pass Information

You may go out on a therapeutic pass while at the rehab facility. These passes are approved by the facility physician.

Per rehab guidelines, they can be no longer than four (4) hours per day and cannot conflict with the times that you're scheduled to receive therapy. Family members will need to be cleared by PT/OT to safely assist with your transfer and ambulation while you're out on pass.

Be advised, per NYS DEA guidelines, no medication can be dispensed for a therapeutic pass without a forty-eight (48) hour notice.

If you have questions, please feel free to check with your nursing staff/Social Worker.



Television Channels

2	GUIDE
3	WBNG
4	WBGH
5	CW
6	WIVT
7	WICZ
8	WSKG
9	WBPN
10	WEATHER
11	FETV
12	ION
13	ESPN
14	ESPN2
15	MSG
16	BTN
17	SNY
18	YES
19	FS1
21	NBCS
22	FBN
23	FNC
24	CNN
25	HLN

26	CNBC
27	MSNBC
28	HISTORY
29	TNT
30	TBS
31	FX
32	USA
33	A&E
34	AMC
35	BRAVO
36	WE
37	TLC
38	PAR
39	SYFY
40	FOOD
41	LMH
42	LIFE
43	HALL
44	HGTV
45	TCM
46	TVLD
47	FRFM
48	TRAVEL

49	TRUTV
50	COMEDY
51	E!
52	DISNEY
53	NIK
54	CNE
55	ANMPL
56	DSC
57	EWTN
58	VH1
59	CMT
60	GSN
61	INSP
62	NGC
65	SNRC 1
66	SNRC 2
67	SNRC 3



Religious Services

Communion & Catholic Mass

2:00PM Every Thursday

Non-Denominational Service

2:00PM Every Sunday



Local Restaurants

Nirchis

(607) 729-5131

Wegmans

(607) 729-7782

Papa John's

(607) 777-9997

Panera Bread

(607) 797-2163



Dining Services

For your dining pleasure and convenience,
all meals are served on your unit.

Breakfast **7:00AM to 8:15AM**

Lunch **11:45AM to 1:00PM**

Dinner **4:45PM to 6:00PM**

Nourishments/snacks are available at your request
24 hours a day and/or based on the Dietitian's
recommendation and Physician's order.

To place an order, please call extension 126

Bon Appetite!



Dining Services

If you do not like the items on the regular menu,
here are other items available daily
that you may pick from:

Chef Salad

Baked Chicken Leg

Hamburger/Cheeseburger

Mashed Potatoes

Grilled Cheese

Egg Salad Sandwich

Chicken Noodle Soup

**Cottage Cheese
and Fruit Plate**

Baked Fish

**Pasta with
Marinara Sauce**

PB&J Sandwich

Macaroni & Cheese

Deli Meat Sandwich

Tomato Soup



Labeling Clothing

Dear Resident and Family Member,

Susquehanna Nursing & Rehabilitation Center has purchased a machine to attach labels to Resident s personal clothing in an effort to reduce or eliminate the misplacement of items.

A carbon copy form will be provided to Resident/family that should be filled out upon admission and left at the Front Desk with the individual's clothing. One copy will remain with the resident/family and another with the Nursing home. Make sure all items are listed and the name is clearly marked. This will ensure that clothing is labeled before being placed in the room. Any additional items that are brought in after admission should be given to the receptionist, and you will receive another form.

You may also apply your own labels to clothing if you wish. If you do not wish for clothing to be labeled, please be advised that the facility is not responsible for any lost clothing.

We are pleased to offer this service free of charge and hope that the issue of misplaced or lost clothing will be minimized.

If you have any questions regarding the laundry system, please do not hesitate to contact our department at 607-729-9206 ext 132.

Enjoy your stay!
Housekeeping/Laundry Department



Activities

**The Activities Department is open 7 days a week,
including weekends, evenings and holidays**

**We offer a variety of programs on and off the unit.
Activities event calendars are posted throughout
the facility and in rooms**

**Various independent projects are available in the Activities Room
or lounge with items such as cards, magazines, word
puzzles, table games, crafts, videos and more!**



If you have any questions regarding information that does not appear in this folder, please contact the Unit Nurse.

- The Press and Sun Bulletin is available on a daily basis on all Units
- The Activities Cart is available daily with magazines, books and puzzles
- The Ice Cream Cart is available weekly – coffee cart every weekend
- Discharge time is 11 am
- A map of fire exits and extinguishers is posted on each unit for your safety
- Family and friends are welcome to visit based on the facility's visitation policy

