

# Sunset Nursing & Rehab Center

C May 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Happy Birthday</b> Ann B 4/09, Karen L 5/09, Janet M 5/15		*Activities are subject to change based on residents' preferences and unforeseen circumstances. For questions regarding the calendar, please contact Rebecca Pond, Director of Activities (315)-942-4301 or Rpond@sunsetnrc.com	Outings have limited seats see activities to sign up. Lists need to be turned in the latest day before outing (15 items max)	9:00- Coffee hour 1 10:30-Food Committee (rescheduled) 2:00- Men's Group 3:00- Card Games 5:30- Spa Day	9:00- Coffee hour 2 10:30- Music 2:00- Bingo 3:00- Lucynt Games 5:30- Craft	9:00- Coffee Hour 3 10:30- Alphabet Game 2:00- Card games or Board games
9:00- Coffee Hour 4 10:30- Church Hymns 2:00- Movie	Cinco De Mayo 5 9:00- Coffee hour 10:30- Exercise with Rose 1:30- Sing Fit with Amie 3:00-Bingo 5:30- Painting or coloring	9:00- Coffee hour 6 10:30- Catholic Mass 1:30- Happy Hour/ Popcorn 5:30- Exercise	9:00- Coffee hour 7 10:30- Give me 3 2:00- Bingo 3:00- Make cards for nursing 5:30- Sensory Day	9:00- Coffee hour 8 10:30- Reminiscing 2:00- Birthday Party (In solarium) 5:30- Spa Day	9:00- Coffee hour 9 10:15- Paul Ryder (In solarium) 2:00-Bingo 3:00- Lucynt Games 5:30- Craft	9:00- Coffee Hour 10 10:30- Alphabet Game 2:00- Card games or Board games
Mother's Day 11 9:00- Coffee Hour 10:30- Church Hymns 2:00- Movie	International Nurses Day 12 9:00- Coffee hour 10:30- Exercise with Rose 1:30- Sing Fit with Amie 3:00-Bingo 5:30 Painting or coloring	9:00 Coffee hour 13 10:30- Catholic Mass 1:30- Happy Hour/ Popcorn 5:30- Exercise	9:00- Coffee hour 14 10:30- Bake cookies 2:00- Bingo 3:00- Snack and chat 5:30- Sensory Day	9:00- Coffee hour 15 10:30- Adirondack Chorus (In solarium) 2:00- Sue (In solarium) 3:00- Craft or color 5:30- Spa Day	9:00- Coffee hour 16 10:30 Music 2:00: Bingo (In solarium) 3:00- Whack A Mole (In solarium) 5:30- Craft	9:00- Coffee Hour 17 10:30- Alphabet Game 2:00- Card games or Board games
9:00- Coffee Hour 18 10:30- Church Hymns 2:00- Movie	9:00- Coffee hour 19 10:30- Exercise with Rose 1:30- Sing Fit with Amie 3:00-Bingo 5:30- Painting or coloring	9:00 Coffee hour 20 10:30- Catholic Mass 1:30 Happy Hour/ Popcorn 5:30- Exercise	9:00- Coffee hour 21 10:30- Give me 3 2:00- Bingo 3:00- Card games 5:30- Sensory Day	9:00- Coffee hour 22 10:30- Reminiscing 2:00- Ladies Tea Party (In solarium) 3:00- Lucynt Games 5:30- Spa Day	9:00- Coffee hour 23 10:15- Paul Ryder (In solarium) 2:00- Bingo 3:00- Lucynt Games 5:30- Craft	9:00- Coffee Hour 24 10:30- Alphabet Game 2:00- Card games or Board games
9:00- Coffee Hour 25 10:30- Church Hymns 2:00- Movie	Memorial Day 26 9:00- Coffee hour 10:30- Exercise with Rose 2:00-Bingo 5:30- Painting or coloring	9:00 Coffee hour 27 10:30- Catholic 12:00 Memorial Day Picnic 5:30- Exercise	9:00 Coffee hour 28 10:30- Alphabet Game 1:30- Food committee (In solarium) 2:00- Residents council (In solarium) 3:00- Bingo (In solarium) 5:30- Sensory Day	9:00- Coffee hour 29 10:30- Adirondack Chorus (In solarium) 2:00- Lucynt Games 3:00- Craft or color 5:30- Spa Day	9:00- Coffee hour 30 10:30- Music 2:00 Bingo 3:00- Brews and Tattoos (In solarium) 5:30- Craft	9:00- Coffee Hour 31 10:30- Alphabet Game 2:00- Card games or Board games 3:00 Mike (sing)